



Travel from Grove





WOKINGHAM BOROUGH COUNCIL

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www.pindarcreative.couk

Bus

The nearest bus stop to Mulberry Grove is located on Keephatch Road. The bus stop is approximately a 3 minute walk from Mulberry Grove.

Courtney 121 serves this stop travelling to Wokingham town centre, Wokingham train station and Tesco.

For the full Courtney 121 timetable, visit: www.myjourneywokingham.com/bus-wokingham





Bus Destinations and Frequencies

121 Wokingham (Tesco) - Norreys Estate

Wokingham (Tesco), Station Interchange ≥, Town Centre - Broad Street - London Road - Norreys Estate - Keephatch Road for **Mulberry Grove** returns via Crutchley Road, Wiltshire Road and reverse route from Broad Street

Monday to Saturday daytime every 30 minutes.

Early morning journeys start/terminate Station Interchange/Town Centre.

Operated by Courtney Buses

www.courtneybuses.com

Train

Wokingham Station

Wokingham is the nearest station to Mulberry Grove, located on Station Road, RG41 2AP. Rail services from Wokingham travel to over thirty stations including Reading, Gatwick Airport and London Waterloo and are served by South West and Great Western Railway train operators. Information on train times and all destinations can be found on the operator websites:

www.southwesttrains.co.uk www.gwr.com

Travelling to the Station

The Courtney 121 travels to Wokingham train station taking approximately 10 minutes from the Mulberry Grove bus stop on Keephatch Road. The station can also be reached by foot (30 minutes) or by bike (12 minutes). Cycle parking is available at Wokingham station.

Walking

Why walk?

It is recommend that adults should spend 150 minutes a week being physically active. Walking at a fast pace for 30 minutes over 5 days will meet the NHS weekly guidelines, which suggests 10,000 steps a day for improving your health and wellbeing.

Discover your local area

Visit the My Journey website to download a number of short leisure walking maps covering Winnersh, Woodley, Wokingham, Woosehill, Emmbrook and Earley.

You will also find information on local walking groups and led walks on the My Journey website.







Cycling

Cycling is a great way to get fit and active!

According to the NHS, for a person weighing 60kg, just 10 minutes of moderate intensive cycling will burn around 60 calories!

Visit the My Journey website for route maps in the area, information on cycle training sessions, events and guided rides around Wokingham.



Car Club

A co-wheels car club is located on Montague Park, off London Road in the car park next to Buckhurst Meadows.

Email myjourney@wokingham.gov.uk to claim your discount code.

To join co-wheels car club, visit www.co-wheels.org.uk



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Visit the website at

www.myjourneywokingham.com



My Journey is here to help you choose how to travel. By knowing all the ways you can travel from A to B, you can save money as well as reduce congestion and pollution in your area.

We provide information on cycling, buses, trains, car sharing and walking that can help you to find easier and cheaper ways of travelling sustainably.

Find out more at:

www.myjourneywokingham.com





